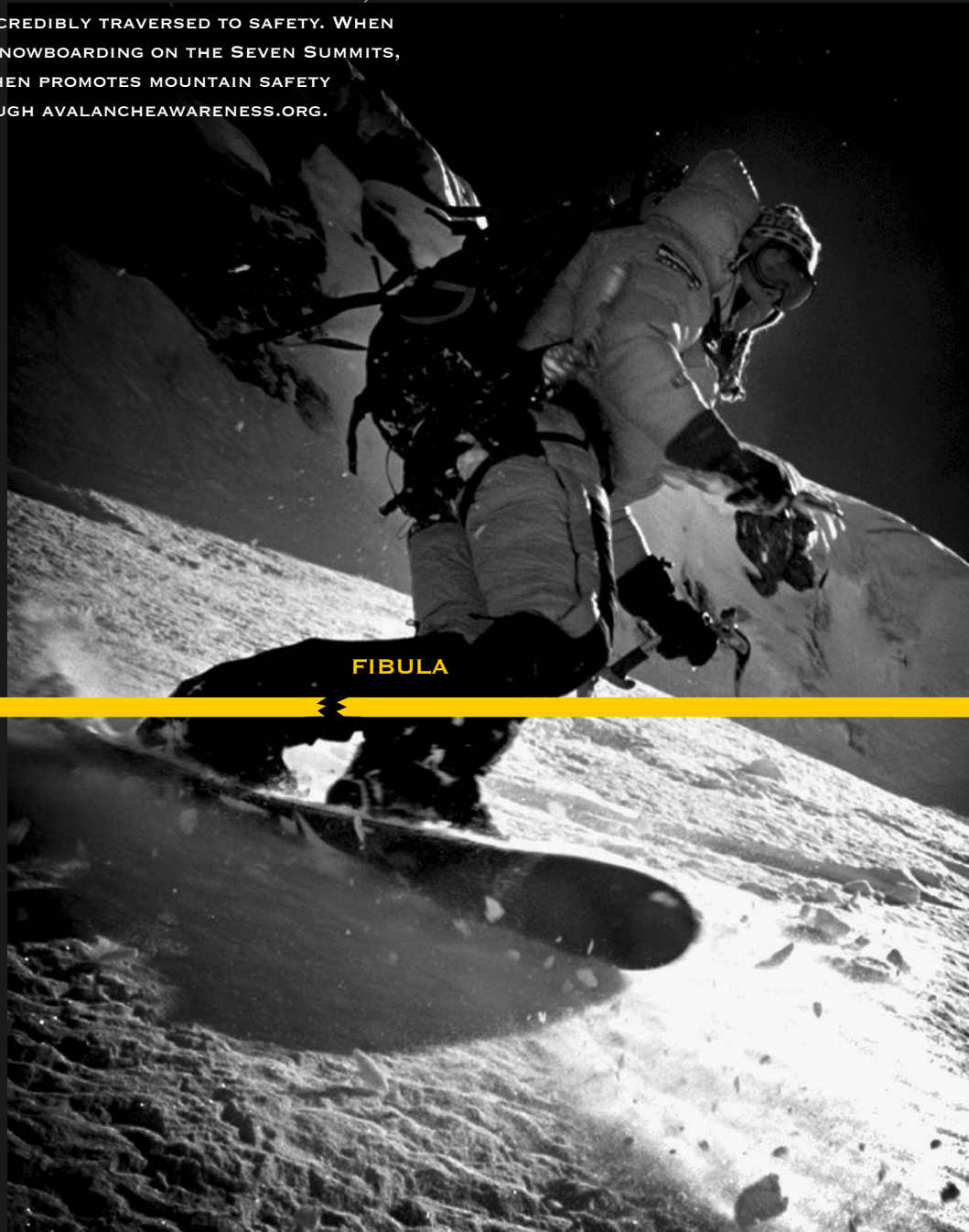


COLLAR-BONE



## STEPHEN KOCH

A PIONEER OF SNOWBOARD MOUNTAINEERING, STEPHEN WAS CARVING MT. OWEN WHEN SWALLOWED BY AN AVALANCHE. FALLING 2,000 FEET AND SUSTAINING MULTIPLE INJURIES, HE INCREDIBLY TRAVERSED TO SAFETY. WHEN NOT SNOWBOARDING ON THE SEVEN SUMMITS, STEPHEN PROMOTES MOUNTAIN SAFETY THROUGH [AVALANCHEAWARENESS.ORG](http://avalancheawareness.org).



FIBULA

## JOSH BENDER

THE GODFATHER OF BIG DROPS, THIS FREE-RIDE MOUNTAIN BIKER HAS EXPERIENCED HIS FAIR SHARE OF INJURIES. OF COURSE, BROKEN BONES ARE TO BE EXPECTED WHEN JUMPING OFF 55-FOOT CLIFFS IS PART OF YOUR DAILY ROUTINE. IN JOSH'S OWN WORDS, "YOU'VE GOT TO BREAK A FEW EGGS TO MAKE AN OMELET."



SHOULDER

**ERIK WEIHENMAYER**

FRACTURES ARE THE LEAST OF THIS MOUNTAIN CLIMBER'S CONCERNS. BLIND SINCE THIRTEEN, ERIK HAS NONETHELESS CONQUERED MCKINLEY, AND THE REST OF THE SEVEN SUMMITS. ERIK IS CURRENTLY PREPARING TO LEAD AN EXPEDITION OF BLIND TIBETAN TEENAGERS UP LHAKPA RI. SEE WHAT'S POSSIBLE AT CLIMBINGBLIND.ORG.



KEEP WALKING™



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